

# Catering For your children



www.tnscatering.co.uk



TNS are proud to be catering for the children and staff at Fibbersley Park Academy, providing a high quality catering service, using fresh food from local suppliers, all cooked on site.

There is a sandwich option available every day as well as two main choices and daily jacket potatoes, so if your child doesn't like what's on the hot menu there's always something else to choose from.



All pupils up to and including Year 2 are entitled to a FREE SCHOOL MEAL! This is worth £408 a year for each child.

If your child has an allergy we are happy to meet with you to ensure we provide a daily menu that meets their needs.

Cooking on site we have

full control of what goes

into our school meals,

and using our 'health by stealth' ethos, we strive to

get as many nutrients into our food as possible.



There is a choice of drinks, puddings, fresh fruit and home-cultivated yoghurt every day, and all pupils dining have access to a selection of salad bar items.

We have regular interactive theme days where the children can win prizes!

So why not support school lunches at
Fibbersley Park
Academy

We will be running regular interactive

# THEME DAYS

keep an eye out for these over the coming months...

CALENDAR OF EVENTS

MAY

Superhero Day

JUNE

Teddy Bears Picnic

JULY

Summer BBQ Theme

KID

WEEK 2

# MONDAY

Main Option 1: Chicken Tikka Wraps with Salad Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Ham. Cheese or Tuna Sandwich with Breadsticks Sandwich:

Vegetables: Potato Wedges or Baked Beans **Puddings:** Iced Fingers or Fruit Jelly

#### TUESDAY

Main Option 1: Pork or Quorn Sausage with Gravy Pasta with Homemade Sauce Main Option 2: Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks

Vegetables: Mash. Rainbow Veg or Baked Beans

**Puddings:** Chocolate Sponge Cake with Custard or Fruit

#### WEDNESDAY

Main Option 1: Roast Chicken with Stuffing and Gravy Main Option 2: Fish Cake or Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham, Cheese or Tuna Sandwich with Breadsticks Vegetables: Roast or Mash with Carrots. Broccoli or Baked Beans

**Puddings:** Chocolate Cornflake Cake or Fruit

#### THURSDAY

Main Option 1: Homemade Cheese & Tomato Pizza Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks Vegetables: Potato Wedges, Sweetcorn or Baked Beans

**Puddings:** Carrot Cake or Fruit

#### FRIDAY

Main Option 1: **Breaded Cod Fish Fingers** Pasta with Homemade Sauce Main Option 2: Jacket Potato: Jacket Potato with Choice of Fillings

Ham, Cheese or Tuna Sandwich with Breadsticks Sandwich:

Chips. Peas or Baked Beans Vegetables:

**Puddings:** Ice Cream or Fruit

# MONDAY

Main Option 1: Pork or Quorn Sausage with Gravy Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Ham. Cheese or Tuna Sandwich with Breadsticks Sandwich:

Mash. Peas or Baked Beans Vegetables: Puddinas: Iced Fingers or Fruit Jelly

### TUESDAY

Main Option 1: Chicken or Veggie Nuggets with Ketchup

Pasta with Homemade Sauce Main Option 2: Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks

Vegetables: Wedges, Rainbow Veg or Baked Beans

Puddinas: Homemade Cookies or Fruit

#### WEDNESDAY

Main Option 1: Roast Turkey with Stuffing and Gravy Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham, Cheese or Tuna Sandwich with Breadsticks Vegetables: Roast or Mash with Broccoli. Carrots or Baked Beans

**Puddings:** Chocolate Shortbread or Ice Cream

#### THURSDAY

Main Option 1: Homemade Cheese & Tomato Pizza Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks Potato Wedges, Peas, Sweetcorn or Baked Beans Vegetables:

Puddinas: Carrot Cake or Fruit

#### FRIDAY

Main Option 1: **Breaded Cod Fish Fingers** Pasta with Homemade Sauce Main Option 2: Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks

Vegetables: Chips, Peas or Baked Beans

Puddinas: Ice Cream or Fruit

# MONDAY

Main Option 1: Chicken or Veggie Nuggets with Ketchup

Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Ham. Cheese or Tuna Sandwich with Breadsticks Sandwich:

Vegetables: Wedges, Sweetcorn or Baked Beans **Puddings:** Homemade Custard Cremes or Fruit Jelly

#### TUESDAY

Main Option 1: Chicken Tikka Wrap with Salad Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks Vegetables: Wedges, Peas, Sweetcorn or Baked Beans Puddinas: Iced Sponge Cake or Cheese and Biscuits

#### WEDNESDAY

Main Option 1: Pork or Quorn Sausage with Gravy Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham, Cheese or Tuna Sandwich with Breadsticks Vegetables: Roast, Mash, Broccoli, Carrots or Baked Beans

**Puddings:** Chocolate Chip Shortcake or Fruit Jelly

# THURSDAY

Main Option 1: Homemade Cheese & Tomato Pizza Main Option 2: Pasta with Homemade Sauce Jacket Potato: Jacket Potato with Choice of Fillings

Sandwich: Ham. Cheese or Tuna Sandwich with Breadsticks Vegetables: Potato Wedges, Peas, Sweetcorn or Baked Beans

**Puddings:** Chocolate Sponge & Custard or Fruit

# FRIDAY

Main Option 1: **Breaded Cod Fish Fingers** Pasta with Homemade Sauce Main Option 2: Jacket Potato with Choice of Fillings Jacket Potato:

Ham. Cheese or Tuna Sandwich with Breadsticks Sandwich:

Chips. Peas or Baked Beans Vegetables:

**Puddings:** Ice Cream or Fruit