



Allergy Menu - Allergy Free

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Free Main	AF Cheese & Tomato Pizza Wedges & Green Salad	Homemade Beef Burger Herby Potatoes & Sweetcorn	Roast Chicken & Gravy Roast Potatoes & Broccoli	AF Meatballs Pasta & Carrots	Cheesy Bean Wrap Chips & Baked Beans
Allergy Free Pasta	Penne Pasta with Homemade Tomato Sauce				
Allergy Free Jacket Potatoes	Crispy Skin Jacket Potato				
Allergy Free Dessert	Fresh Fruit Salad	Jelly	Chocolate Bricks	Apple Crumble	Orange Cookie
Please ensure dishes in this menu are created using the relevant recipe book for this allergy. Dishes highlighted in orange are different to the core menu.					



Allergy Menu - Allergy Free

Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Free Main	AF Cheese & Tomato Pizza Wedges & Sweetcorn	All Day Breakfast Homemade Sausage Roll, Hash Brown & Baked Beans	AF Savoury Mince With Carrots (No Lentils) Roast Potatoes Cabbage & Gravy	Af Chicken Wrap Rice & Roasted Carrots	Cheesy Bean Wrap, Chips & Peas
Allergy Free Pasta	Penne Pasta with Homemade Tomato Sauce				
Allergy Free Jacket Potatoes	Crispy Skin Jacket Potato				
Allergy Free Dessert	Jelly	Fresh Fruit	Chocolate Bricks	Vanilla Shortbread	Orange Cookie
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Ready to
serve





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Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Free Main	AF Cheese & Tomato Pizza Wedges & Green Salad	AF BBQ Chicken Rosties, Peas & Sweetcorn	Roast Chicken & Gravy Mash & Peas	AF "Butter" Chicken Rice & Cauliflower	Cheesy Bean Wrap, Chips & Baked Beans
Allergy Free Pasta	Penne Pasta with Homemade Tomato Sauce				
Allergy Free Jacket Potatoes	Crispy Skin Jacket Potato				
Allergy Free Dessert	Jelly	Fresh Fruit	Vanilla Shortbread	Fresh Fruit	Orange Cookie
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